

IF:TABLE

- DOWNLOAD, PRINT, AND LAY OUT THE CARDS ON THE TABLE WITH THE QUESTIONS FACING UP.
- INVITE 4 WOMEN TO GRAB THEIR FAVORITE QUESTION.
- TAKE TURNS HAVING EACH WOMAN ASK THE QUESTION ON HER CARD. ALLOW TIME FOR EVERYONE AROUND THE TABLE TO SHARE OR RESPOND TO THE QUESTION.

Q.1

How do you feel as you go into this new year? Anxious? Excited? Rested? Fearful?

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Q.2

How easy/hard is it for you to be still? Do you ever sit in stillness with God?

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Q.3

What distracts you and takes up most of your thoughts right now?

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Q.4

When you get quiet and spend time with God, what do you want to say to Him?

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