

KALE, DATE, AND AVOCADO SALAD

IF: Gathering, January 2021

Original recipe from [Martha Stewart Living](#)

*GLUTEN-FREE | VEGETARIAN

Ingredients

	coarse salt & black pepper
1	bunch Tuscan kale (12 ounces)
1/3	cup olive oil
3	tbsp lemon juice
2	ripe, but firm avocados, halved, peeled, and cut into large chunks
1/3	cup pine nuts, toasted
2	ounces shaved Parmesan cheese
8	Deglett dates, pitted and cut into slivers

INSTRUCTIONS

1. Remove stems from kale and thinly slice leaves.
2. Place kale in a large salad bowl and add lemon juice and a few pinches of salt. Massage kale with your hands until kale feels slightly tender.
3. Add avocado, pine nuts, Parmesan, and dates to salad. Pour half of olive oil over the top and lightly toss.
4. Let salad sit for a few minutes, then add more olive oil, salt, and a few pinches of black pepper. Season, to taste.

THREE TIMES A DAY HE GOT DOWN ON HIS KNEES AND PRAYED,
GIVING THANKS TO HIS GOD, JUST AS HE HAD DONE BEFORE.

DANIEL 6:10
