

IF:TABLE

- DOWNLOAD, PRINT, AND LAY OUT THE CARDS ON THE TABLE WITH THE QUESTIONS FACING UP.
- INVITE 4 WOMEN TO GRAB THEIR FAVORITE QUESTION.
- TAKE TURNS HAVING EACH WOMAN ASK THE QUESTION ON HER CARD. ALLOW TIME FOR EVERYONE AROUND THE TABLE TO SHARE OR RESPOND TO THE QUESTION.

GROWING WITH GOD CARDS

Q.1

What pain are you currently experiencing in your life?

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Q.2

What healthy or unhealthy coping mechanisms have you developed as a result of this pain?

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Q.3

How can you care for your pain by finding your true rest in Jesus?

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Q.4

What rhythms or guardrails are required for you to live abundantly this season?

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