

IF:TABLE

- DOWNLOAD, PRINT, AND LAY OUT THE CARDS ON THE TABLE WITH THE QUESTIONS FACING UP.
- INVITE 4 WOMEN TO GRAB THEIR FAVORITE QUESTION.
- TAKE TURNS HAVING EACH WOMAN ASK THE QUESTION ON HER CARD. ALLOW TIME FOR EVERYONE AROUND THE TABLE TO SHARE OR RESPOND TO THE QUESTION.

GETTING TO KNOW GOD CARDS

Q.1

What pain are you currently experiencing in your life?

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Q.2

What healthy or unhealthy coping mechanisms have you developed as a result of this pain?

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Q.3

How can you care for your pain, instead of running from it?

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Q.4

What rhythms can you put in place to help you live abundantly right now?

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